

NLP to Boost Your Performance

Programmes to enable you to use powerful NLP communication tools and change techniques to improve your personal and business performance and support your continued personal and professional development

 <p>NLP Module 1 Building Productive Relationships</p>	<h2>Building Productive Relationships ~ an introduction to NLP</h2> <p>Key benefits for you ~ Imagine what it would be like to :</p> <ul style="list-style-type: none"> • use powerful NLP tools to increase your flexibility and help you achieve greater results in your personal and business life • make a great first impression every time • have Improved awareness of your own and others thinking and communication styles • build rapport with anyone you want and lay foundations for productive relationships 	<p>2 days</p> <p>10/11 Sep</p>
 <p>NLP Module 1 + NLP Module 2 Being at your Best – Managing your Mood States</p>	<h2>Accredited NLP Diploma</h2> <p>Module 1 (see above) plus</p> <p>Module 2 - Being at Your Best ~ Managing your Mood States</p> <p>Key benefits for you ~ Imagine what it would be like to :</p> <ul style="list-style-type: none"> • deliver pitches and presentations confidently and actually enjoy public speaking • have increased focus and boundless energy when it really counts • remain calm and relaxed when circumstances don't go as you had planned • reduce your stress levels and share tools and techniques to help others reduce theirs 	<p>4 days</p> <p>As above plus</p> <p>8/9 Oct</p>
 <p>NLP Modules 1 & 2 + NLP Module 3 Powerful Language + NLP Module 4 Transforming Understanding into Results</p>	<h2>Accredited NLP in Business Diploma</h2> <p>Modules 1 & 2 (see above) plus Modules 3 & 4</p> <p>Module 3 - Powerful Language ~ Influencing With Integrity</p> <p>Key benefits for you ~ Imagine what it would be like to :</p> <ul style="list-style-type: none"> • have conversations that deliver messages with real impact • negotiate and influence easily and effectively • use language to really engage people's heart's and minds • push people's 'hot buttons' and switch them into action <p>Module 4 - Transforming Understanding into Results ~ Values, Beliefs & Outcomes</p> <p>Key benefits for you ~ Imagine what it would be like to :</p> <ul style="list-style-type: none"> • understand what drives and motivates you, your team & your customers • be really clear what's important to you and prioritise your attention accordingly • set clear & compelling goals for you & your business and know you will achieve them • feel more congruent knowing that your personal and business goals are aligned with your Values and Beliefs 	<p>8 days</p> <p>As above plus</p> <p>5/6 Nov & 3/4 Dec</p>

Please note: Completing the full Practitioner Programme will be of particular interest to people who are interested in working on a one to one basis to help others overcome barriers in their lives and achieve their goals.

 <p>NLP Modules 1- 4 + NLP Modules 5-7 + NLP Module 8 Practitioner Accreditation Weekend</p>	<h2>Accredited NLP Practitioner</h2> <p>Modules 1- 4 (see above) plus Modules 5-8</p> <p>Key benefits for you ~ Imagine what it would be like to :</p> <ul style="list-style-type: none"> • use powerful NLP tools & techniques to be at your best when it really counts, achieve greater results in your personal and business life and help others overcome barriers and achieve their goals. <p>Module 5 - Design your Future & Live in the Moment ~ Using Times Lines</p> <ul style="list-style-type: none"> • key topics include: using timelines to remove limiting beliefs and overcome barriers to success, planting achievable goals in your future timeline <p>Module 6 - Modelling Excellence ~ Strategies</p> <ul style="list-style-type: none"> • key topics include : identifying our internal programmes, fixing broken ones and creating new, resourceful ones <p>Module 7 - Overcoming Barriers & Achieving Results ~ Key Client Interventions</p> <ul style="list-style-type: none"> • key topics include : Phobia Cure, Parts Integration, Advanced Anchoring, Swish Pattern 	<p>16 days</p> <p>As above plus</p> <p>14/15 Jan & 11/12 Feb & 11/12 Mar & 15/16 Apr</p>
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“ . . . I now have real practical tools to significantly improve my life and work . . . ”
NB, Accent



I found all the teaching and learning impeccable. OR, Abbey

to find out more: www.firstposition.uk.com

or ring **First Position Performance Development Ltd** on . . . Rita 07946 443930 . . . Kevin 07796 954369



NLP to Boost Your Performance

Interest in NLP continues to grow as people observe how it can help to produce outstanding results across all areas of business. You've probably heard or read how it has dramatically improved results in personal and sporting performance, as well as in such areas as sales, marketing and customer service . . . Isn't it now time to to discover the power of NLP for yourself?

You now have the opportunity to join us on our Accredited NLP training programmes.

So, lets leave the gloom behind by making sure you make the most of this opportunity to learn the skills that will help you boost your personal and business performance in 2009.

There are four separate programmes for you to choose from. Which one meets you specific needs? For further details of content and key benefits of attending see Programmes flyer:

Course / Qualification		Grant assisted Fee YOU PAY ONLY approx. (excl VAT)
Building Productive Relationships (2 days)	Module 1 only	£250 £100
Accredited NLP Diploma (4 days)	Modules 1 & 2	£480 £192
Accredited NLP in Business Diploma (8 days)	Modules 1, 2, 3 & 4	£930 £372
Accredited NLP Practitioner (16 days)	Modules 1- 8	£1800 £720

* Assumes 10 delegates per course

Modules	Dates
Module 1 Building Productive Relationships ~ an introduction to NLP	10 & 11 September
Module 2 Being at your Best – Managing your Mood States	8 & 9 October
Module 3 Powerful Language ~ Influencing with Integrity	5 & 6 November
Module 4 Transforming Understanding into Results ~ Values, Beliefs & Outcomes	3 & 4 December
Module 5 Design your Future & Live in the Moment ~ Using Times Lines	14 & 15 January
Module 6 Modelling Excellence ~ Strategies	11 & 12 February
Module 7 Overcoming Barriers & Achieving Results ~ Key Client Interventions	11 & 12 March
Module 8 Practitioner Accreditation Weekend	15 & 16 April

'...excellent, informative and very interesting to develop key techniques / knowledge to develop you personally and professionally.' YD Positive Echo

... a brilliant way of developing self knowledge & also of learning a range of tools & techniques to become more resourceful. Thank you – very rich material – simple yet powerful. *JB*

...discovering such powerful techniques that I can actually take away and use. . . A very positive experience!
MW Yorkshire Television



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